

If you have both  
Medicare and Medi-Cal,  
find out more about  
Cal MediConnect, a new  
health plan option.



**CalMediConnect**  
Your choice for complete care

## How does a Cal MediConnect plan in Los Angeles County help me?

- Your Medicare and Medi-Cal benefits will work together.
- Your doctors, pharmacists and other providers will coordinate your care to help you stay healthy.
- You will receive a complete assessment of your needs, preventive care, and services in your home and community whenever possible, instead of in emergency rooms, hospitals and nursing homes.
- Your quality of care should improve; coordinating your care will increase the focus on your wellness and reduce unnecessary tests and medications.
- You will receive additional benefits, including vision coverage and transportation services.

**To find out if your doctor, hospital or other provider is in the Cal MediConnect network, call the Cal MediConnect health plans in your county:**

L.A. Care Cal MediConnect Plan	1-888-522-1298
CareMore Cal MediConnect Plan	1-888-350-3447
Care1 <sup>st</sup> Cal MediConnect Plan	1-888-905-3825
Health Net Cal MediConnect	1-888-788-5395
Molina Dual Options	1-855-665-4627

**PACE may be an option if you are eligible. Contact your local PACE:**

AltaMed Senior BuenaCare	1-877-462-2582
Brandman Centers for Senior Care	1-818-774-3065

**To enroll in a plan, call:**

Health Care Options	(844) 580-7272
	TTY: (800) 430-7077

## Where Can I Go for More Help?



**For Free and Individualized Assistance About Your Options:**

Call the Health Insurance Counseling and Advocacy Program (HICAP)

(213) 383-4519

TTY: 711

Hotline: 1-800-434-0222

**Starting April 1, 2014**

**If you are in a Cal MediConnect Plan and Need Further Assistance:**

The Cal MediConnect Ombudsman Program, starting April 1, 2014, will assist enrollees in navigating issues and filing appeals and complaints where needed.

The Cal MediConnect Ombudsman will also:

- Investigate, negotiate and resolve enrollee problems/complaints with Cal MediConnect plans;
- Refer enrollees to relevant entities and programs as needed, including but not limited to: the Department of Managed Health Care (DMHC), Health Insurance Counseling and Advocacy Programs (HICAPs), State Protection and Advocacy Programs, Aging and Disability Resource Centers (ADRCs), Consumer Assistance Programs, Legal Services Programs.

Call the Cal MediConnect Ombudsman Program

(855) 501-3077  
[starting April 1, 2014]