



**CalMediConnect**  
Your choice for complete care



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XX/XX/XXXX

## Important Information

You are getting this letter because you have **BOTH** Medicare and Medi-Cal. The way you get your health care is changing. You will now have more choices to meet your health care needs.

### What is a Cal MediConnect plan?

A Cal MediConnect plan is a Medicare/Medi-Cal plan that will manage your Medicare and Medi-Cal benefits. Enrolling in a Cal MediConnect plan means that you keep your Medicare and Medi-Cal benefits with no extra cost but you must use your Cal MediConnect providers. You can also get additional transportation and vision benefits.

### What are my plan choices?

You will get more information about your health plan choices soon. You may choose a Cal MediConnect plan, or choose to stay with regular Medicare. If you choose to stay with regular Medicare, you must choose a Medi-Cal health plan for your Medi-Cal benefits. If you do not make a choice, we will choose one of the Cal MediConnect plans for you. You keep the benefits and services you have now, and the Cal MediConnect plan will work with your doctors and providers.

This is the first letter telling you about your new choices. You will get a second letter with more information about your choices soon. You may choose a Cal MediConnect plan in your county, or choose to stay with regular Medicare.

## Your choices are:

1. **Enroll in a Cal MediConnect plan.** These health plans cover both Medicare and Medi-Cal services. If you join a Cal MediConnect plan you will receive In-Home Supportive Services (IHSS), Multipurpose Senior Services Program (MSSP), Community-Based Adult Services (CBAS), and nursing home care through the Cal MediConnect plan. They also cover vision care and transportation. The Cal MediConnect plan will work with you, your doctors and providers to ensure you get the care you need.
2. **Enroll in the Program of All-Inclusive Care for the Elderly (PACE).** If you are 55 or older and need a higher level of care in order to live at home, you may be able to join PACE. PACE provides all Medicare and Medi-Cal benefits plus some extra services to help seniors who have chronic conditions live at home.
3. **Enroll in a Medi-Cal health plan only. Your Medicare will stay the way it is now.** If you join a Medi-Cal health plan you keep your Medicare doctors and hospitals, and you will receive your Medi-Cal benefits like In-Home Supportive Services (IHSS), Multipurpose Senior Services Program (MSSP), Community-Based Adult Services (CBAS), and nursing home care through the Medi-Cal health plan.

## How does a Cal MediConnect plan help me?

A Cal MediConnect plan helps you because your Medicare and Medi-Cal benefits work together and work better for you.

Your doctors, pharmacists, IHSS, CBAS, MSSP, and other providers work together to care for you and coordinates who assists you in getting the care and services that you need. This is called "care coordination."

## What should I do now?

- Talk about your choices with someone who knows about your health care needs, like your family, your doctors, or your local senior center and/or Independent Living Center.
- Watch your mail for a packet from Health Care Options in about one month.
- If you want to talk to a health insurance counselor about your choices, call the **California Health Insurance Counseling & Advocacy Program (HICAP) at 1-800-434-0222.**
- If you need this letter in another language or alternate format, like large print, audio, or Braille; or if you need help understanding this letter, please call:

### Health Care Options

1-844-580-7272 • TTY: 1-800-430-7077

Monday - Friday, 8 am - 5 pm

[www.HealthCareOptions.dhcs.ca.gov](http://www.HealthCareOptions.dhcs.ca.gov)



**Cal MediConnect Health Plan Options  
and Changes in your Medi-Cal Health Plan**

**Who to Call for Help or More Information  
In Los Angeles County**

Call the Participating Health Plans Below:

Health Net

☎ 1-888-788-5395

L.A. Care

☎ 1-888-522-1298

CareMore

☎ 1-888-350-3447

Care 1<sup>st</sup>

☎ 1-888-592-7168

- To see if your doctors and other health providers are in the Plan's network
- To find a new doctor or other provider
- To make sure your current medications are covered
- If you need help with health issues
- If you need transportation to get to your appointments
- If you need more help to stay healthy and at home

Health Insurance Counseling and Advocacy Program (HICAP) ☎ (213) 383-4519

- To learn more about your Medicare options
- For free, individual counseling help in deciding which Medicare and Medi-Cal options best meet your needs

Health Care Options ☎ 1-844-580-7272

TTY: 1-800-430-7077

- For information and help to enroll in, change or leave a health plan

Cal MediConnect Ombudsman ☎ 1-855-501-3077 (available after April 1, 2014)

- If you have a complaint or problem that your Health Plan has not been able to resolve to your satisfaction

Medicare ☎ 1-800-633-4227 TTY 1-877-486-2048 Visit [www.medicare.gov](http://www.medicare.gov)

- For information about the Health Plan options in your county
- To check the prescription drugs covered